

FIT CLUB MEMBERS

As a Fit Club member, you may register for any of the following classes listed below. If registering for Zumba, you are allowed to register for **TWO (2)** Zumba classes only.

Please complete this form and indicate the classes that you will be attending. Please return this form to the Recreation Department to reserve a spot in these classes.

You can either mail or bring this form to the Burlington Recreation Department.

Name _____ Home Phone _____

Address _____

CAMP CORE & MORE

410043-A (Mon) _____

FRIDAY MORNING WORKOUT

410043-B (Fri) _____

BUTTS & GUTS

414303-A _____

414303-B _____

BOOT CAMP

411133-A _____

411133-B _____

CARDIO & CORE

412503-A _____

FLEX & STRETCH

410173-A _____

BODY SCULPTING

410083-A _____

410083-B _____

ZUMBA

416403-A _____

416403-B _____

416403-C _____

416403-D _____

416403-E _____

416403-F _____

ZUMBA GOLD

416407-A _____

416407-B _____

416407-C _____

CARDIO DANCERCISE

410033-A _____

FITNESS BLASTOFF

415703-A _____

MUSCLE MADNESS INTERVAL TRAINING

411503-A _____

KEY TO HEALTHY AGING

411807-A _____