

PRE-SCHOOL DISCOVERY PROGRAMS

Discovery Preschool

Ages 3 - 5 (toilet trained), 9 am-12 pm
Visco Building at Simond's Park, Director: Chris Allain

This program was created to provide children a hands-on approach to learning and socializing. Through activities such as music, storytelling, art, science, building and dramatic play, your child will gain many new skills while making new friends. Each week, we'll follow new themes that relate to the seasons and a child's natural curiosity about the world. Snacks will be provided. Children must be toilet trained. A copy of your child's birth certificate should accompany the registration form of new participants. Participants may only register for one day.

Dates	No Progam	Activity #	Fee
Mondays, March 26 - June 11	April 16 or May 28	353400-A	\$184 (10 weeks)
Wednesdays, March 28 - June 6	April 18	353400-B	\$184 (10 weeks)

(Participants may register for Discovery Preschool and Preschool Bookworms)

Preschool Bookworms

Ages 3-5, 9 am-12 pm
Visco Building at Simond's Park, Director: Chris Allain

We all know that children are enriched by books. Stories promote cognitive, social and emotional development while building writing and reading skills. In this program, your child will become immersed in a new story each week through the use of books, flannel board, puppets, and play acting. Art, science, cooking and other literacy experiences will revolve around the chosen story and imaginations will soar. A snack will be provided for your child. Children must be toilet-trained.

Dates	No Progam	Fee	Activity #
Thursdays, March 29 - June 7	April 19	\$184 (10 weeks)	351600-A
Fridays, March 30 - June 8	April 20	\$184 (10 weeks)	351600-B

(Participants may register for Discovery Preschool and Preschool Bookworms)

Discovery Kinder-Skills

Ages 4 - 5, Tuesdays, March 27 - June 5 (not April 17), 9 am-12 pm, \$189 (10 weeks)
Visco Building at Simonds Park, Director: Chris Allain, Activity #: 353500-A

This class is designed for children who will be entering kindergarten in the fall of 2012. Using a thematic approach, our focus will be on enhancing kindergarten readiness in the areas of pre-reading, pre-writing, math and science. Activities will help develop listening skills, following directions and storytelling, as well as social and physical play skills. Class size is limited to 10 in order to allow for optimum child/teacher interactions. Healthy snacks and outside play are provided. *Child must be 4 yrs old by Aug. 31.*

Children registering for this program will be entered into a lottery. We will draw the lottery on Thursday, Feb. 23. Those that do not get enrolled will receive a refund.

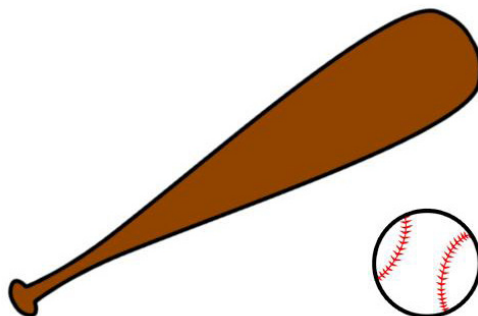


PRE-SCHOOL SPORTS & FITNESS

Itty Bitty Ball

Ages 3-5, Mondays, April 2 - April 30 (not April 16), 9:45am-10:30am, \$45 (4 weeks)
Recreation Center Gym, Instructor: Ken Pondelli, Activity #: 371700-A

Your pre-schooler will learn the basic skills of baseball/softball in a fun learning environment focusing on your child's development. We will use soft touch balls and plastic bats for safe play. (No gloves are necessary.) Each participant will receive a t-shirt.



Little Dragons

Ages 3 - 4, Saturdays, March 31 - June 30 (not May 26), \$146 (13 weeks)
Steve Nugent's Institute / 207F Cambridge St., Instructor: Steve Nugent & Staff

Come join the fun and explore this introductory karate program that focuses on enhancing your child's fine and gross motor skills. Emphasis will be put on listening, memory, and attention. Children will be taught breathing, stretching, self-discipline, and coordination. Classes also cover health, nutrition, fire safety and stranger awareness.

Time	Activity #	Time	Activity #
9-9:30 am	370000-A	9:30-10 am	370000-B

Playing Pals

Ages 15 months - 4 years, Tuesdays, March 20 - May 29 (not April 17), \$34 (10 weeks)
Recreation Gym, Instructor: Jolene Fogarty

Child will "pal" up with their parent to participate in a variety of activities, including movement, stretching, songs, and games. Small and large gross motor skills will be incorporated. There will be time for exploration of various equipment. All participants must wear sneakers.

Ages	Time	Activity #	Ages	Time	Activity #
15-23 months	9-9:40am	317400-A	2-4 years	9:50-10:30am	317400-B

Ooey, Gluey Arts & Crafts

Ages 2-4 (with an adult), Fridays, 9:30-10:15am, \$45 (5 weeks)
Function Room 1, Instructor: Jolene Fogarty

Dates	Activity #	Dates	Activity #
April 6 - May 11 (not April 20)	343300-A	May 18 - June 15	343300-B

Your child will enjoy a program jam packed full of ooey, gluey arts and crafts, stories and songs. Make a mess and have some fun! Watch your child's excitement grow as they create crafts you can treasure for a lifetime. Please make sure your child wears appropriate clothing.

PRE-SCHOOL & K: CREATIVE EXPRESSION

First Steps in Music

Ages: 3 months-3 years, Wed, \$34 (6 weeks), Function Rm. 2, Instructor: Lisa Cline

Come sing and play with us! You and your child will be introduced to the wonders of music through songs, free play with percussion instruments, musical theatre games, rhymes and movement activities. Parents are encouraged to play with their babies and interact with other families. This class is a great investment in your child's musical future.

Age	Time	April 25 - May 30 Activity #
3-12 months	9-9:30 am	340400-A
13-20 months	9:40-10:10 am	340400-B
21-36 months	10:20-10:50 am	340400-C



Mommy & Me

Ages 2 & 3 (with parent), Wednesdays, March 21 - May 16 (not April 18), \$39 (8 weeks)

Function Room 1, Instructor: Tania Conlon & Marie Grinell

Calling all mommies and toddlers! Join other mommies and toddlers for a morning full of stories, arts and crafts, creative movement, songs and other special activities. Hope to see you there!

Time	Activity #	Time	Activity #	Time	Activity #
9:15-10am	344500-A	10:15-11am	344500-B	11:15am-12pm	344500-C

Dance, Dance, Dance

Fridays, March 30 - June 15 (not April 6 or April 20), \$64 (10 weeks)

Function Rm. 2, Instructor: Lisa Sanchez

Professional dance instruction for beginner and experienced students. Students need to wear a black leotard with pink tights, ballet shoes and tap shoes.

Class	Age	Time	Activity #
Mom & Me	2 - 3	9:15-9:45 am	330000-A
Pre-Ballet & Tap	3 - 4	10-10:45 am	330501-A
Pre-Ballet & Tap	3 - 4	11-11:45 am	330501-B
Ballet & Tap	4 - 5	12:30-1:15 pm	330511-A
Ballet & Tap	5 - 6	3-3:45 pm	330511-B

PRE-SCHOOL & K GYMNASTICS

Baby Gym

Calling all babies! Babies participate in equipment based exercises, including sliding into the parachute, ball rolling action and lots of bubbles. Gymnastics equipment and props will be used to create an enjoyable atmosphere for your baby. Moms get the chance to meet new friends to share and discuss parental issues and experiences. No shoes please.

Toddler Tumblers

Beginner walkers and those getting ready for some faster running steps should join our Toddler Gymnastic Program. Focus is placed on balance, working muscles, dancing and playing with parachutes and props. No shoes please.

Gym 2's and 3's

This class is perfect for toddlers who are ready for running, jumping, swinging, and sliding. Children will work with equipment, musical movement play, parachute time and rainbow magic ropes.

Gym 3's and 4's

This class is great for the imagination! This class focuses on creative play while teaching new skills using gymnastics training equipment.

Gym 4's and 5's

This class teaches beginning skills that will be useful in any sport. Focus is placed on strength and flexibility, while building balance and body awareness. Parachutes and games will also be utilized.

Kindergarten Gymnastics

Kindergarteners will learn beginner skills in a fun way! Somersaults, cart-wheels, and back handsprings will be taught.

Class (in Rec Gym)	Ages	Time (Thursdays)	March 29 - June 21 (not April 19) \$148 (12 weeks) Activity #
Baby Gym	3 - 12 months	11:30 am- 12:10 pm	370260-D
Toddler Tumblers	1 & 2 (walking)	9-9:40 am	370260-A
Gym 2's & 3's	2 & 3 (with parent)	9:45-10:25 am	370260-B
Gym 3's & 4's	3 & 4	10:30-11:10 am	370260-C
Gym 4's & 5's	4 & 5	1-1:40 pm	370260-E
Kindergarten	5 & 6	2-2:45 pm	370260-F

Fun Gymnastics

Grades 1 - 4, Thursdays, March 29 - June 21 (not April 19), 3:30 - 4:15pm, \$148 (12 weeks)
Activity #370260-G

Do you want to learn a cartwheel or perhaps something a little more daring like a back handspring? Did you ever wonder how people balance on their hands for so long? Well, we can teach you the secrets. We know the tricks. Come join our gymnastics class and learn some new things. Dress in comfortable clothes. No jeans please.

PRE-SCHOOL & YOUTH SWIM LESSONS

Swim Lessons

Ages 3 and up (potty trained), Saturdays, March 31 - June 16 (not April 7 or May 26)
Shawsheen Technical School, 100 Cook St., Billerica

Peek week the second and last class only.

Please indicate which level you are registering your child for.

Level 1: Child is uncomfortable in the water, cannot place face in the water. This level is designed to work with children to help them feel comfortable in the water.

Level 2: Child is uncomfortable in the water, can place face in water and will float on front/back with assistance.

Level 3: Child can swim unassisted, does not know any strokes.

Level 4: Child knows strokes, can swim 25 yards without stopping. This level is to work on endurance and technique and new swimming styles.

Level 5: Child knows strokes, can swim 100 yards without stopping. This level is to work on endurance and technique.

Level 6: Child can swim 500 yards without stopping. Child is ready for swim team, would like to work on flip turns, racing starts, speed swimming, lifeguard readiness.

Time	Fee	Activity #
Level 1-4		
1-1:30 pm	\$68 (10 Weeks)	370400-A
1:30-2 pm		370400-B
2-2:30 pm		370400-C
2:30-3 pm		370400-D
3-3:30 pm		370400-E
3:30-4 pm		370400-F
Levels 5 & 6		
1-2 pm	\$113 (10 Weeks)	370410-A
2-3 pm		370410-B
3-4 pm		370410-C

